



Career Zoom Health Care Series

Session – 5

March 17, 2021



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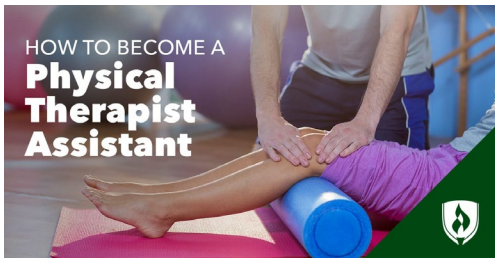
Dr. Amy Watkins
Director of Student Services, Business
Education & Community Education
Wappingers Central School District

Mary Jane Bertram
Regional Director - Hudson Valley
Workforce Development Institute
(WDI)



Laraine Kautz
Workforce Development Liaison
Dutchess Community College

Dr. Louise McLoughlin
Executive Director
Dutchess County Workforce
Investment Board

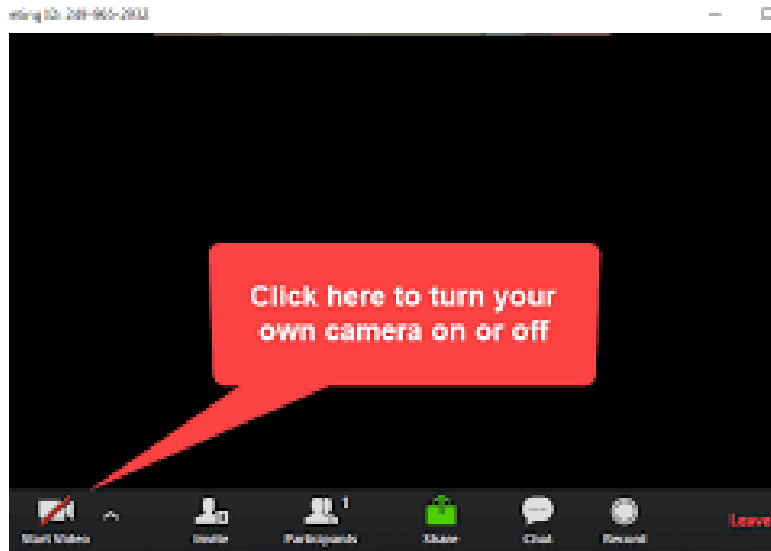




Q: *What is a Career Zoom Health Care Series?*

A: *An opportunity to ask questions and learn more about the Health Care profession to see if it might be a good fit for you.*

Housekeeping Items



- While the speaker is talking everyone will be on **mute**.
- Have your **camera on** and be visible to the speaker. This is your chance to connect with a professional face-to-face.
- Use the **chat** feature to ask questions.
- Email amy.watkins@wcsdny.org if you have any questions.

A DAY IN THE LIFE of a

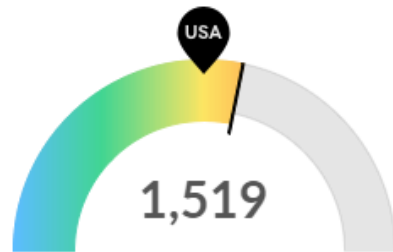


**Today's Career Zoom Topic:
PHYSICAL THERAPY**

Physical Therapists

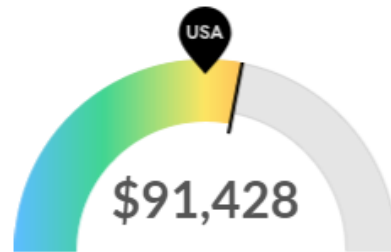
National Salary Average:	\$ 89,109
NYS Average:	\$ 89,125
Hudson Valley Salary Average:	\$ 91,428

Aggressive Hiring Competition Over a Deep Supply of Regional Talent



Supply (Jobs)

Your area is a hotspot for this kind of talent. The national average for an area this size is 1,262* employees, while there are 1,519 here.



Compensation

The cost for talent is about average in your area. The national median salary for Physical Therapists is \$89,109, while you'll pay \$91,428 here.

Job Supply and Compensation in the Hudson Valley

REGIONAL JOB GROWTH PROJECTIONS

- **5% Job Growth from 2015-2020**
- **15% Expected Job Growth 2020-2025**



228 Employers Competing

All employers in the region who posted for this job over the last 12 months.

NYS JOB GROWTH PROJECTIONS NYS

- **10% Job Growth from 2015-2020**
- **17% Expected Job Growth 2020-2025**

Occupation Gender Breakdown



Top Hard Skills

1. Physical Therapy
2. Rehabilitation
3. CPR
4. Treatment Planning
5. Orthopedics
6. Deficits
7. Nursing
8. Patient Education
9. Basic Life Support
10. Pediatrics

Top Soft Skills

1. Communication
2. Interpersonal Communication
3. Compassion
4. Management
5. Customer Service
6. Coordinating
7. Computer Literacy
8. Detail Oriented
9. Negotiation
10. Teamwork

Gender Breakdown

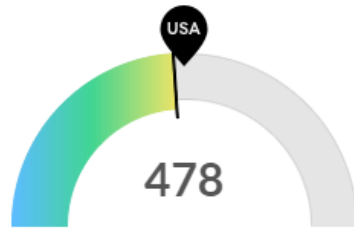
Male 35%

Female 65%

Physical Therapy Assistant

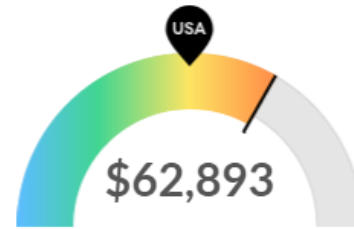
National Salary Average:	\$ 58,764
NYS Average:	\$ 55,987
Hudson Valley Salary Average:	\$ 62,893

Aggressive Hiring Competition Over an Average Supply of Regional Talent



Supply (Jobs)

Your area is about average for this kind of talent. The national average for an area this size is 508* employees, while there are 478 here.



Compensation

The cost for talent is high in your area. The national median salary for Physical Therapist Assistants is \$58,764, while you'll pay \$62,893 here.

Job Supply and Compensation in the Hudson Valley

REGIONAL JOB GROWTH PROJECTIONS

- **36% Job Growth from 2015-2020**
- **25% Expected Job Growth 2020-2025**



88 Employers Competing

All employers in the region who posted for this job over the last 12 months.

NYS JOB GROWTH PROJECTIONS

- **28% Job Growth from 2015-2020**
- **26% Expected Job Growth 2020-2025**

Occupation Gender Breakdown



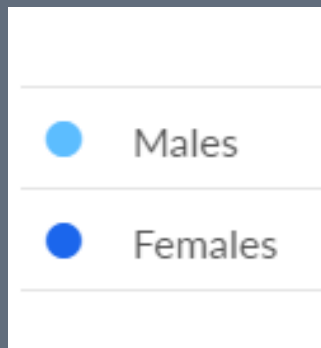
Top Soft Skills

1. Communication
2. Interpersonal Communication
3. Compassion
4. Written Communication
5. Consulting
6. Critical Thinking
7. Detail Oriented
8. Planning
9. Valid Driver's License
10. Enthusiasm

Top Hard Skills

1. Physical Therapy
2. Rehabilitation
3. CPR
4. Basic Life Support
5. Treatment Planning
6. Immunization
7. Long-term Care
8. Nursing
9. Acute Care
10. Ledger/Billing

Physical Therapy Assistant



Gender Breakdown

Male 19%

Female 71%



*Where are
the Jobs?*

Most Jobs are Found in the Offices of Other Health Practitioners Industry Sector



Industry	% of Occupation in Industry (2020)
Offices of Other Health Practitioners	38.8%
General Medical and Surgical Hospitals	18.5%
Home Health Care Services	9.8%
Nursing Care Facilities (Skilled Nursing Facilities)	7.3%
Specialty (except Psychiatric and Substance Abuse) Hospitals	6.3%
Outpatient Care Centers	5.5%
Other	13.8%

Physical Therapist

To practice as a **physical therapist** in the U.S., you must earn a **doctor of physical therapy degree** from a Commission on Accreditation in Physical Therapy Education-accredited physical therapist education program and **pass a state licensure exam.**

Do I need to go to college?

100%

The length of professional DPT programs is typically three years. Approximately 80% of the DPT curriculum is classroom (didactic) and lab study and the remaining 20% is dedicated to clinical education. PT students spend on average 27.5 weeks in their final clinical experience.



Do I need to go to college?

Physical Therapy Assistant

All states require PTAs to have an Associate's degree from an accredited program, according to the BLS. Earning a degree may sound daunting, but some PTA training can be completed in **as few as 18 months**. This formal education consists of courses, lab work and clinical training.

100%





**CAN I WORK IN A PT OFFICE
WITHOUT A COLLEGE DEGREE?**

Physical Therapy Aides

Physical therapy aides are members of **physical therapy** support teams. Working under the supervision of **physical therapists** and **physical therapist assistants**, **P.T. aides** perform nonmedical tasks, such as setting up and cleaning treatment rooms and transporting patients to different areas of a health care facility. **Aides** usually **need** a high school diploma or equivalent and **can** expect to learn clinical skills on the job.

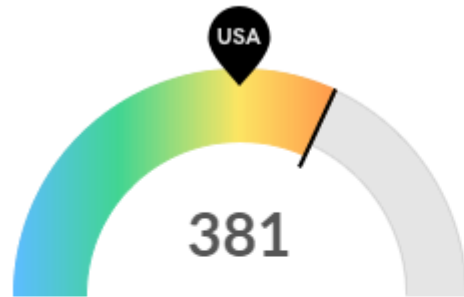


19 Employers Competing

All employers in the region who posted for this job over the last 12 months.

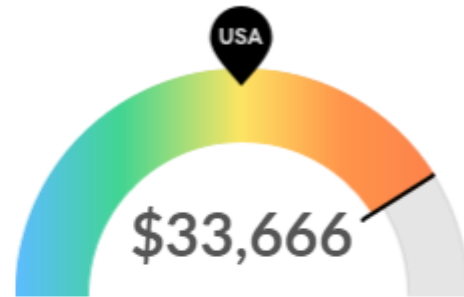
Regional Median Wage: \$ 33,666
18% Projected Job Growth

Aggressive Hiring Competition Over a Deep Supply of Regional Talent



Supply (Jobs)

Your area is a hotspot for this kind of talent. The national average for an area this size is 259* employees, while there are 381 here.



Compensation

The cost for talent is high in your area. The national median salary for Physical Therapy Aides is \$26,998, while you'll pay \$33,666 here.

Do I need to go to college?



Justin Feldman, PT, DPT

Dr. Justin Feldman is the owner of Feldman Physical Therapy and Performance . Justin Feldman grew up in Lagrange, New York, graduating from [Arlington High School](#) in 2001. He received his Doctorate in Physical Therapy from [Ithaca College](#) in 2007. After practicing for five years in a traditional physical therapy practice, Justin made the decision to open Feldman Physical Therapy and Performance. [Feldman Physical Therapy and Performance](#) gives him the best opportunity to provide his patients with the high level of care and attention he feels they deserve. Justin is [Titleist Performance Institute Certified](#), a Certified Functional Strength Coach, a Certified Speed and Agility Coach, a Certified Weightlifting Performance Coach as well as an Ironman Certified Coach.

He serves as an advisor to the Marist College Rowing Team, and teaches a weekly mobility class at Locomotive Crossfit in Beacon NY.





COLUMBIA UNIVERSITY
MEDICAL CENTER



Student with us today:

Emily

- Worked in product development
- Went back to school for Physical Therapy
- Going to Columbia University



Q & A with DR. FELDMAN

What was your first job?

Lifeguard

What do you like best about being a Physical Therapist?

I think that my favorite part of being a PT is working with people who thought they couldn't be helped, and seeing them make gains and achieve stuff they didn't think was possible. Seeing people regain a belief in themselves is really powerful.

What is the first injury that you can remember?

Well, the first injury I remember was when I was 13 and had some vague stomach pain. Man, we tried everything to get that to go away, and eventually when they took out my appendix it did.

The first sports-related injury I can remember was in middle school and had really bad knee pain while running. Looking back, I'm not quite sure what was going on, but I can't tell you how many times when working with young athletes I cringe when I think about the exercises I was told to do. Straight leg raises, with ankle weights, and all sorts of stuff that we now know are not that helpful. The really crazy thing is that at that time, they were thought to be very helpful. The other crazy part is that it got better!





What made you want to become a Physical Therapist?

I have a few stories for this, first my mother had a few knee surgeries when I was growing up and I remember going with her to PT and thinking it seemed like a great way to spend the day. They all seemed happy, and they got to tell my mom what to do, what could be better. As I got older and got more into sports, it was clear that I was never going to be a professional athlete, but PT seemed like a great way to stay involved with sports forever.

What other professions would you choose if you were not a physical therapist?

I really love technology I know nothing about computer programming, but would love to be able to do that and learn to write code. I also really wish I was more creative. I love creating video and digital content for Feldman PT. I would enjoy being able to do that for other businesses, but with both of those, I would lose my mind being at a desk all day. Beyond that, I'm sure no one would be surprised to know that I'd love to spend my days working on the ski patrol if PT wasn't an option.



Justin was a 2017 Dutchess County Regional Chamber of Commerce 40 Under 40 Honoree, he was the past President and Treasurer of the Hudson River Rowing Association and is the current Vice President of the Mid-Hudson Road Runners' Club. In his free time, Justin volunteers as a member of the Mount Snow Ski Patrol in West Dover, Vermont, and enjoys golf, running and triathlons. He has competed in many marathons and middle -distance triathlons.



DUTCHESS
COMMUNITY COLLEGE



Laraine Kautz
Workforce Development Liaison
Dutchess Community College

SCIENCE LAX PROGRAM (Liberal Arts Science)

Designed for the student who—intends to transfer to a four-year institution to earn a baccalaureate degree in a natural or physical science. The program provides a broad background in the liberal arts and sciences. By appropriate selection of courses, a student may build a suitable background for further study in a senior college leading to the baccalaureate degree in biology, chemistry, environmental science and conservation, geology, health education or physics. The Associate in Science (A.S.) degree is awarded upon completion of the requirements for this program.







When to tune in?

Each month will include guest speakers from Health Care fields. Professionals will share about their experiences and answer the most frequently asked questions collected from the survey.

There will be time for a Question & Answer at the end of each session.

Mark your calendar! **Every 3rd Wednesday of the month from 1:30-2:15 PM.**



DUTCHESS
COMMUNITY COLLEGE

THANK YOU!

